



Report on Progress in Completion of Basic Training course in Cutting & Tailoring and Sozni Embroidery.

Introduction:

Three months ago, HELP Foundation J&K, in collaboration with the Mukul Madav Foundation & FINOLEX India, established two specialized skill development training

centres in Beerwah, Budgam. These centres are imparting skill courses in Cutting and Tailoring and Sozni Training Centre, designed specifically for empowering young girls with vocational skills.

Objectives:

1. Cutting and Tailoring Training Centre: To equip participants with the skills necessary to design, cut, and tailor garments, providing them with a pathway to economic independence and self-employment.



2. **Sozni Training Centre:** To teach the traditional craft of Sozni embroidery, a renowned textile art form, fostering cultural heritage preservation and creating opportunities for income generation.

Training overview:

• **Duration:** 3 months

• Participants: Women/Girls from the local communities

• No. of girls enrolled in Cutting & Tailoring course :47

No. of girls enrolled in Sozni embroidery course: 42

Curriculum:

Cutting and Tailoring: Basic garment cutting, pattern-making, fabric-selection, and stitching techniques.

Sozni Embroidery: Design patterns, embroidery techniques, and finishing skills.

Achievements:

1. Skill Acquisition:

 Participants have successfully completed their basic training, demonstrating proficiency in both cutting and tailoring as well as Sozni embroidery.

o They have created a variety of sample garments and embroidered pieces, showcasing their new skills.

2. Empowerment:

- The training has significantly boosted the confidence and self-reliance of the participants, preparing them for potential employment or entrepreneurial ventures.
- The trainees now possess valuable skills that can lead to self-employment opportunities or enhanced employability in the textile industry.



3. Community Impact:

 The training centres have provided a much-needed vocational skill set to the local community, contributing to economic development and women's empowerment in the region.

Next Steps:

1. Advanced Training: Offer advanced modules or specializations to further

enhance the skills of the participants and broaden their opportunities.

- 2. **Support Services:** Provide support for job placements, internships, or the establishment of small businesses for the graduates.
- 3. Community Outreach: Extend training opportunities to more girls in the community and explore additional areas of vocational training based on demand.



4. **Assessment & Certification:** After successful completion HELP will organize the assessment & certification of the trainees through competent agency.

Conclusion:

The completion of the basic training at the Cutting and Tailoring Training Centre and Sozni Training Centre marks a significant milestone in the collaborative effort between the HELP Foundation and the Mukul Madav Foundation. The successful training of local girls not only equips them with valuable skills but also contributes to the overall development and empowerment of the community.

We look forward to continue the Advanced course and for growth and success of these trainees and the positive impact they will have on their lives and their families.



Some pictures taken during the visit of FINOLEX representative Mr. Mudasir to the Cutting & Tailoring Centre located at Beerwah Budgam

Details of the Courses in the Table below:

S.No.	Skill-Course	Level	Duration	Trainees enrolled	Completed
1.	Cutting & Tailoring	Basic	3 months	47	31
2.	Sozni Embroidery	Basic	3 months	42	25

Sample Children Dresses Stitched By Our Trainees





