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# Sassoon hospital opens digestive, endoscopy unit

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**PUNE:** Changing lifestyle and eating habits have increased digestion-related problems among people. In order to provide better treatment to patients and ensure proper diagnosis, a dedicated digestive and endoscopy unit has been started at the Sassoon General Hospital.

On February 5, divisional commissioner Chandrakant Dalvi inaugurated the endoscopic unit for gastrointestinal diseases. On the occasion, Chandrakant Dalvi said, "Many needy patients can get treated at a very low cost with this endoscopy unit donated by Mukul Madhav Foundation. It is important that government hospitals are modernised so that they benefit the poor and needy patients. Social and corporate institutes have a big contribution, along with government funds, in making advanced medical treatment available to poor and needy patients in government hospitals like Sassoon."

Speaking about the unit, dean Dr Ajay Chandanwale said, "The endoscopic unit is equipped with endoscopic retrograde cholangiopancreatography (ERCP) machines which have a technique that combines the use of endoscopy and fluoroscopy to diagnose and treat certain problems of the biliary or pancreatic ductal systems. With this equipment, blockages caused by gall stones and tumours can be investigated."

Dr Chandanwale further stated that Sassoon has received 80G benefit from the Income Tax department, and hence, social institutes and benevolent people should help develop the Hospital.

Founder and director of

**➤** This unit has been conceived in the faith that the economically underprivileged patients also get endoscopic treatment. Nine waiting rooms, with all facilities, are being raised for relatives of admitted patients.

RITU CHHABRIA, founder and director, Mukul Madhav Foundation

## PROPER DIET CAN REVERSE TYPE 2 DIABETES: STUDY

**PUNE:** A recent study by Chellaram Institute of Diabetes has revealed that low calorie diet can reverse type 2 diabetes in early stages. This information was given by the chief endocrinologist and CEO at Chellaram Diabetes Institute, Dr Unnikrishnan AG, on the sidelines of a press conference held on Monday. He said, "Twelve patients suffering from type 2 diabetes were studied and their condition has now been reversed. These patients were given 1,000 calories for three months and their carbohydrate intake was also cut. A similar study was also conducted globally on 300 patients, but the study still needs time to come up with more concrete results." Explaining diabetes, Dr Unnikrishnan said that there are two types of diabetes one in which insulin is not produced and the second where insulin is not acting. Speaking about the mechanism of reversing diabetes, he said, "Cutting down intake of carbohydrate helps reduce weight. With this body becomes sensitive to insulin."

Mukul Madhav Foundation, Ritu Chhabria, said, "This unit has been conceived in the faith that the economically underprivileged patients also get endoscopic treatment. Nine waiting rooms, with all facilities, are being raised for the relatives of the admitted patients. Out of them, the first waiting room near the paediatrics ward was inaugurated on Monday."