

Training course on mental illness organised in city

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Pune: Mukul Madhav Foundation, along with their CSR partner, Finolex Industries, recently organised a three-day training course on 'mental illness' in the city.

This programme witnessed some distinguished names from the field of psychiatry addressing the participants of the session. A total of 123 participants benefited from this workshop, which was conducted in association with Concern for Mental Health, a UK Registered Charity working towards improvement in mental health services.

The aim of this workshop was to improve teaching skills with respect to mental health while integrating these practices into primary healthcare, in India.

The programme, which was conducted from November 11 to 13, focused on several areas of psychiatry such as adult depression, anxiety disorders, addictions treatment, child and adolescent psychiatry, among other key topics.

Sharing their knowledge and expertise on the subject were Dr Ghazala Afzal, founder of Concern for Mental Health, Dr Neil Brener, Dr Giovanni Giaroli and Dr Shirin Pezeshgi, all consultant psychiatrists practising in the UK, and teachers from the Volunteer Program of Royal College of Psychiatrists. Ritu Chhabria, Managing Trustee of Mukul Madhav Foundation, said, "This was our second initiative of knowledge sharing, for the fraternity of those who are helping us understand how to deal with persons with mental distress."